



Rectory and Office: 414-342-1543
The Rt. Rev. Paul G. Frechette, Pastor

St. George Melkite-Greek Catholic Church

1617 West State Street Milwaukee, Wisconsin 53233-1246
"An Eastern Church in communion with the Church of Rome"

Website: byzantinemilwaukee.com
Facebook: [fb.me/ByzantineMilwaukee](https://www.facebook.com/ByzantineMilwaukee)

December 7, 2025 — Tenth Sunday after the Holy Cross



Icon of Healing the Ten Lepers (Luke 17:12-19)

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After Liturgy St. Nicholas Visit and Potluck

Divine Liturgy

Hymns

Troparion of the Resurrection (tone 1):
While the stone was sealed by the Jews and soldiers were watching your sacred body, You rose, O Savior, on the third day, giving life to the world. Wherefore, O Giver of life, the powers of heaven cried out: Glory to your resurrection, O Christ. Glory to your kingdom, glory to your Plan of redemption, O You who alone are the Lover of mankind.

Troparion of St. George: O Great among the saints and glorious martyr, George, since you are a deliverer of captives and a

defender of the poor, a doctor for the sick and a noble attendant to kings, intercede for us to Christ God, that he may save our souls!

Kontakion of the Preparation of the Nativity of our Lord: Today the Virgin is on her way to the cave where she will give birth to the Eternal Word of God in an ineffable manner. Rejoice, therefore, O universe, when you hear this news, and glorify with the angels and the shepherds Him who shall appear as a new Child, being God from all eternity.

Prokimenon: Make vows to the Lord Your God and fulfill them; let all round about him bring gifts to the awesome Lord.

Stichon: God is renowned in Judah; in Israel, greater is his name.

Apostolic Reading: Eph 4:1-7

Gospel: The Crippled Woman, Lk 13:10-17

Winter Weather

Please take care with winter weather. Even if services are not canceled, only come if it is safe for you to travel.

Typica Service

The Service of Typika may be offered whenever there is no Divine Liturgy, or when one is unable to attend due to illness or incapacity, including weather. The text is available on the bulletin page for last week. Contact Christopher, Benjamin or Fr. Paul if you have questions about how to say it.

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Stewardship

Owed to eparchy (assessment, retirement and medical insurance; last updated January 12, 2025): \$25,828.49.

Want to automate donations? One-time or monthly payments via **PayPal**: byzantinemilwaukee.com/donate. Use your bank's **online billpay** (payee information): St. George's Syrian Congregation · 1617 W State St · Milwaukee, WI 53233-1246; phone: (414) 342-1543; email: info@byzantinemilwaukee.com.

Donate with PayPal



Pastoral Appeal (Formerly the Bishop's Appeal)

The annual Pastoral Appeal helps fund the vital works of the Melkites in the United States, such as: publishing SOPHIA magazine; supporting our seminarians for the Priesthood and Diaconate; providing for our elderly priests; teaching the Faith to our children and young adults; establishing/supporting new missions and outreaches.

Additional information is available on the tables in the back. Donations can also be made online: Melkite.org/Appeal

Prayer List

Please remember—All those who are sick and in need: Edin Najera, Natalie Herder, Walter Lourdes Najera Herder (family of Katerina Lessard), Barb Moden (sister of Jan Taylor), Abbot Nicholas (Holy Resurrection Monastery), Sandy Rabuse (godmother of Katerina Lessard), the Rebholz family, Eva Saseen (Theresa and Janelle Herro's niece), Geri Spankowski, Kathy Tomaz and John Zambo. For the people of the Middle East.

Schedule for this Week

Tuesday: *Maternity of Ann*

Wednesday: *Start of the Nativity Fast (Melkite Usage)*

Friday: *Father Spiridon the Wonderworker*

Sunday *Sunday of the Holy Ancestors*

10:30am Divine Liturgy

Congratulations and Happy Birthday to Amal Audi (12/11) and Brian Harden (12/12). May God grant you many years!

Coming Up

December 24th: 6pm, Vesperal Liturgy of St. Basil for the Nativity

December 25th: 10:30am, Liturgy of St. John Chrysostom for the Nativity

Practical Suggestions for Fasting

Fasting, like prayer, is something we can grow into. If you are not accustomed to fasting, it can be helpful to begin at one level and deepen your practice as you grow in your life in Christ. The following plan might be helpful.

Beginning level: On Wednesdays and Fridays do not eat any meat and offer a brief prayer several times throughout the day. During the fasting seasons of Great Lent and

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the Dormition Fast, attend at least one Leneten Service each week. Before the Presanctified Liturgy during Great Lent, do not eat anything for several hours.

A deeper level: In addition to the above, on fast days, do not eat anything before noon and no meat thereafter. Keep additional fast days during the fasting seasons. During Great Lent, in addition to avoiding meat on Wednesdays and Fridays, also avoid dairy products. Attend two Lenten Services weekly and preform some act of charity each day.

A further level: In addition to the above, keep each day in the fasting seasons as a fast day. Attend all the Divine Services during the fasting seasons. Replace entertainments such as TV, movies, shopping, etc. with prayer, spiritual reading and acts of charity.

Our Faith and Christ's Action

The liturgical service takes place on earth, but it belongs to the realm of heavenly realities. In fact, it was not instituted by a human being or an angel, but by the Spirit himself, so that those who are still living in the flesh should think of performing the service of angels.

O what mercy, O what love of God for human beings! Christ who is seated with the Father in highest heaven is at that moment grasped by the hands of all and does not hesitate to give Himself to anyone who wants to embrace Him and be bound to Him.

He whom the eyes of faith perceive is possessed by everyone. You remember how

Elijah was surrounded by a great crowd and had in front of him the victim for sacrifice placed on the stone (see 1 Kings 18). Everyone stood stock still. The silence was complete. Only the prophet raised a prayer. Suddenly from heaven came down fire on the victim. It was a marvelous spectacle that filled everyone with amazement. Here, however, something much more than a marvelous spectacle is unfolded. Something is happening that is greater than any marvel. Here the priest draws down not fire but the Holy Spirit Himself.

St. John Chrysostom

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