

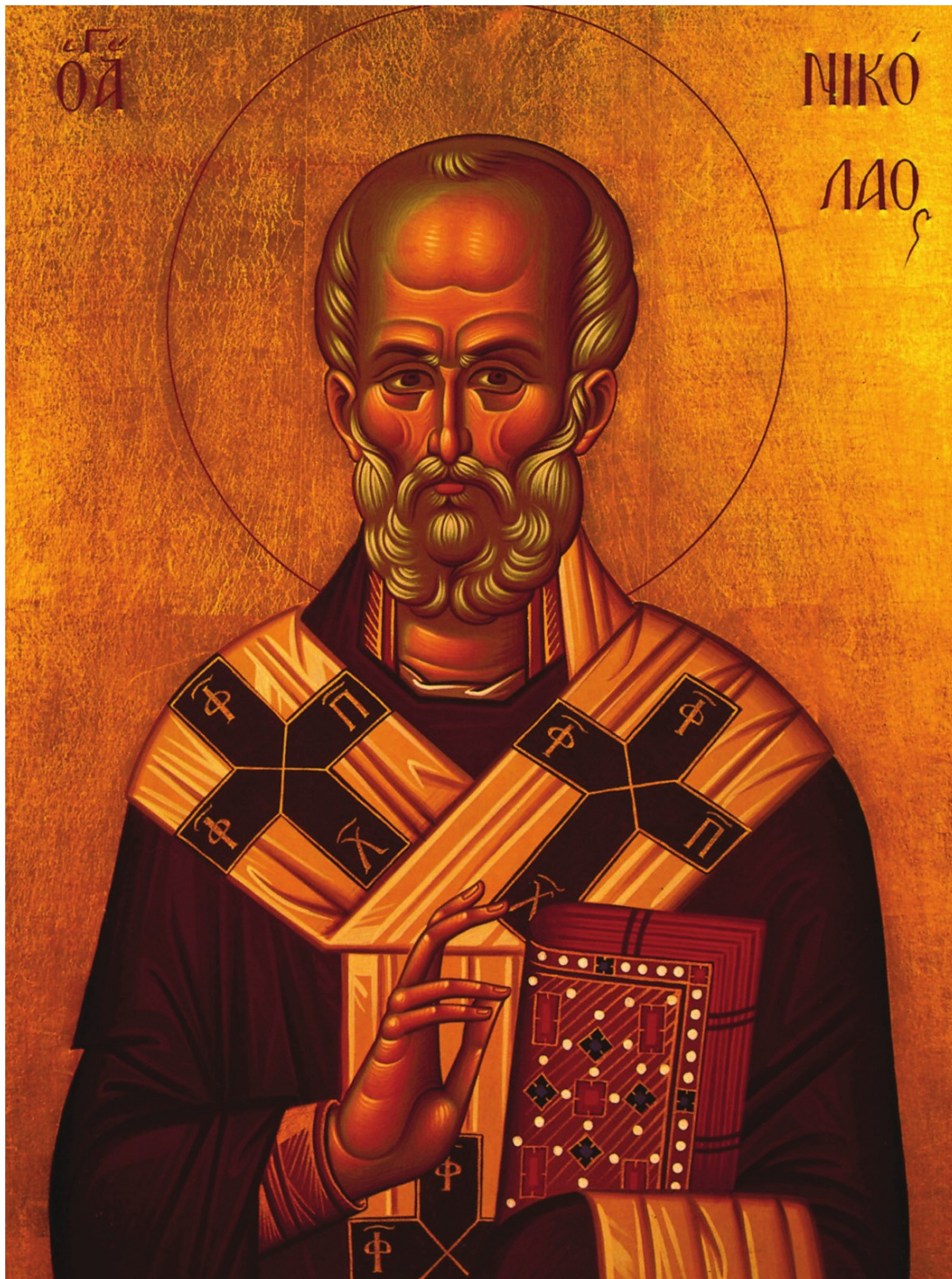


St. George Melkite-Greek Catholic Church
1617 West State Street Milwaukee, Wisconsin 53233-1246
"An Eastern Church in communion with the Church of Rome"

Rectory and Office: 414-342-1543
The Rt. Rev. Paul G. Frechette, Pastor

Website: byzantinemilwaukee.com
Facebook: fb.me/ByzantineMilwaukee

December 3, 2023 — Tenth Fourteenth Sunday after the Holy Cross



Icon of St. Nicholas (December 6)

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Divine Liturgy

Intention: Happy and eternal repose of the soul of SANDY Peterson (req. by Jan Taylor)

Hymns

Troparion of the Resurrection (tone 2): When you descended to death, O Immortal Life, You destroyed Hades by the splendor of your Divinity, and when you raised the dead from under the ground, all the Powers of heaven cried out: O Christ our God, the giver of life, glory to you.

Troparion of St. George: O Great among the saints and glorious martyr, George, since you are a deliverer of captives, a doctor for the sick and a noble attendant to

kings, intercede for us to Christ God, that he may save our souls!

Kontakion of the Preparation of the Nativity: Today the Virgin is on her way to the cave where she will give birth to the Eternal Word of God in an ineffable manner. Rejoice, therefore, O universe, when you hear this news, and glorify with the angels and the shepherds Him who shall appear as a new Child, being God from all eternity.

Prokimenon: My strength and my courage is the Lord, and He has been my Savior.

Stichon: The Lord has chastised me through His teaching, yet He has not delivered me to death.

Apostolic Reading: Ephesians 6:10-17

Brethren, be strengthened in the Lord and in the might of his power. Put on God's armor that you may be able to stand against the devil's wiles. For our fight is not against flesh and blood, but against the world-rulers of this darkness, against the spiritual forces of wickedness on high. Therefore, take up God's armor that you may be able to resist on the evil day and stand perfect in all things. Stand, there-

fore, wearing the belt of truth. And the breastplate of holiness and with your feet shod in the readiness of the Good News of peace, and in all things take up the shield of faith with which you will be able to put out all the flaming darts of the most wicked one. And take for yourselves the helmet of salvation and the sword of the spirit, that is, God's word.

Alleluia: he Lord shall hear you on the day of distress; the name of the God of Jacob shall defend you.

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Stichon: O Lord, save your king and listen to us on whatever day we call upon you.

Gospel: Healing the blind man of Jericho, Luke 18:35–43

At that time a certain man approached Jesus and asked him, “Good Master, what shall I do to gain eternal life?” But Jesus said to him, “Why do you call me good? No one is good but only God. You knew the commandments: Thou shall not steal. Thou shall not bear false witness. Honor your father and mother.” And he said, “All these I have kept ever since I was a child.” But when Jesus heard this, he said to him, “One thing is still lacking to you; sell all that you have, and give to the poor, and you shall have treasure in heaven; and

come, follow me.” When he heard these things, he was much grieved, for he was very rich. But Jesus, seeing him become sad, said, “With what difficulty will they who have riches enter the kingdom of God! For it is easier for a camel to pass through the eye of a needle, than for a rich man to enter the kingdom of God.” And they who heard it said, “Who then can be saved?” He said to them, “Things that are impossible with men are possible with God.”

Stewardship

Last Sunday: candles=\$16; ordinary collections=\$557; stole offerings=\$10. Thanks for your generosity!

Owed to eparchy (assessment, retirement and medical insurance; last updated September 24, 2023): \$31,309.

Want to automate donations? One-time or monthly payments via **PayPal**: [byzantinemilwaukee.com/donate](https://www.byzantinemilwaukee.com/donate). Use your bank’s **online billpay** (payee information): St. George’s Syrian Congregation · 1617 W State St · Milwaukee, WI 53233-1246; phone: (414) 342-1543; email: info@byzantinemilwaukee.com.

Prayer List

Please remember—All those who are sick and in need: Barb Moden (sister of Jan Taylor), Eva Nora (niece of the Noras), the Rebholz family, Eva Saseen (Theresa and Janelle Herro’s niece), Dan Sylvester (neighbor of Benjamin Neumann), Jan Taylor, Kathy Tomaz, Espe Villasensor, John Zambo and Kathy Zambo. For those we have been asked to pray for: Justin & Krysten Hager (Jan Taylor). For those who have died: the Very Rev. Maxim Hancher (father of Krystia Nora). For the people of the Middle East.

Schedule for This Week

Monday: *Great-martyr Barbara*
Tuesday: *Father Sabas the Sanctified*
Wednesday: *Father Nicholas the Wonderworker*
Saturday: *Maternity of Ann*
Sunday: *Sunday after the Holy Cross*
Start of the Nativity Fast (Melkite Usage)

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10:30am Divine Liturgy

After Liturgy, Potluck for St. Nicholas Day

Practical Suggestions for Fasting

Fasting, like prayer, is something we can grow into. If you are not accustomed to fasting, it can be helpful to begin at one level and deepen your practice as you grow in your life in Christ. The following plan might be helpful.

Beginning level: On Wednesdays and Fridays do not eat any meat and offer a brief prayer several times throughout the day. During the fasting seasons of Great Lent and the Dormition Fast, attend at least one Lenten Service each week. Before the Presanctified Liturgy during Great Lent, do not eat anything for several hours.

A deeper level: In addition to the above, on fast days, do not eat anything before noon and no meat thereafter. Keep additional fast days during the fasting seasons. During Great Lent, in addition to avoiding meat on Wednesdays and Fridays, also avoid dairy products. Attend two Lenten Services weekly and perform some act of charity each day.

A further level: In addition to the above, keep each day in the fasting seasons as a fast day. Attend all the Divine Services during the fasting seasons. Replace entertainments such as TV, movies, shopping, etc. with prayer, spiritual reading and acts of charity.

COVID-19

According to the Milwaukee Health Department, the best way to stop the community spread of COVID-19 is to take preventative action to protect yourself and others:

- Get a COVID-19 vaccine as soon as you can (city.milwaukee.gov/CovidVax). Vaccines are safe and readily available at walk-in clinics throughout the community for anyone over the age of six months old.
- Wear a mask that covers your nose and mouth to help protect yourself and others, and stay at least 6 feet apart from others who don't live with you.
- Avoid crowds and poorly ventilated indoor spaces, and improve ventilation whenever possible.
- Wash your hands often with soap and water. Use hand sanitizer if soap and water aren't available.

More information is available from the health department: city.milwaukee.gov/coronavirus

The Legendary Saint Nicholas

The absence of the “hard facts” of history is not necessarily an obstacle to the popularity of saints, as the devotion to St. Nicholas shows. Both the Eastern and

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Western Churches honor him, and it is claimed that, after the Theotokos, he is the saint most pictured by Christian artists. And yet, historically, we can pinpoint only the fact that Nicholas was the fourth-century bishop of Myra, a city in Lycia, a province of Asia Minor.

As with many of the saints, however, we are able to capture the relationship which Nicholas had with God through the admiration which Christians have had for him an admiration expressed in the colorful stories which have been told and retold through the centuries.

Perhaps the best-known story about Nicholas concerns his charity toward a poor man who was unable to provide dowries for his three daughters of marriageable age. Rather than see them forced

into prostitution, Nicholas secretly tossed a bag of gold through the poor man's window on three separate occasions, thus enabling the daughters to be married. Over the centuries, this particular legend evolved into the custom of gift-giving on the saint's feast. In the English-speaking countries, St. Nicholas became, by a twist of the tongue, Santa Claus further expanding the example of generosity portrayed by this holy bishop.

The critical eye of modern history makes us take a deeper look at the legends surrounding St. Nicholas. But perhaps we can utilize the lesson taught by his legendary charity, look deeper at our approach to material goods in the Christmas season and seek ways to extend our sharing to those in real need.

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