



Rectory and Office: 414-342-1543
The Rt. Rev. Paul G. Frechette, Pastor

St. George Melkite-Greek Catholic Church
1617 West State Street Milwaukee, Wisconsin 53233-1246
"An Eastern Church in communion with the Church of Rome"

Website: byzantinemilwaukee.com
Facebook: fb.me/ByzantineMilwaukee

December 4, 2022 — Tenth Sunday after the Holy Cross; St. Barbara



Icon of the Healing of the Ten Lepers (Luke 17:12-19)

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Divine Liturgy

Intention: Happy and eternal repose of the soul of LORRAINE Herro (req. by Joann Evon)

Hymns

Troparion of the Resurrection (tone 1):

While the stone was sealed by the Jews and soldiers were watching your sacred body, You rose, O Savior, on the third day, giving life to the world. Wherefore, O Giver of life, the powers of heaven cried out: Glory to your resurrection, O Christ. Glory to your kingdom, glory to your Plan of redemption, O You who alone are the Lover of mankind.

Troparion of St. Barbara: Let us praise the most honorable Barbara: she thwarted the enemy's power, and through the might and the strength of the cross, she was made free in her flight to God.

Troparion of St. George: O Great among the saints and glorious martyr, George, since you are a deliverer of captives, a doctor for the sick and a noble attendant to kings, intercede for us to Christ God, that he may save our souls!

Kontakion of the Preparation of the Nativity of our Lord: Today the Virgin is on her way to the cave where she will give birth in a manner beyond understanding to the Word who is, in all eternity. Rejoice, therefore, universe, when you hear it heralded: with the angles and the shepherds, glorify Him who chose to be seen as a new-born Babe, while remaining God in all eternity.

Prokimenon: Awesome in his saints is God, the God of Israel.

Stichon: In the churches, bless God, the Lord of Israel's wellsprings.

Apostolic Reading: Galatians 3: 23-4:5

Brethren, before the faith came, we were kept imprisoned under the Law, shut up from the faith that was to be revealed. Therefore, the Law has been our tutor unto Christ, that we might be made holy by faith. But now that faith has come, we are no longer under a tutor. For you are all God's children through faith in Christ Jesus. For all you who have been baptized into Christ have put on Christ. There is

neither Jew nor Greek; there is neither slave nor freeman; there is neither male nor female. For you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to the promise.

(4: 1) Now I say, as long as the heir is a child, he differs in no way from a slave, though he is the master of all; but he is un-

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der guardians and tutors until the time set by his father. So, we too, when we were children, were enslaved under the elements of the world. But when the fullness of time had come, God sent his Son, born

of a woman, born under the Law, that he might redeem those who were under the Law, that we might receive the adoption of sons.

Alleluia: I have waited, waited for the Lord, and he stooped toward me and heard my cry.

Stichon: He set my feet upon a rock; he made firm my steps.

Gospel: The Crippled Woman, Lk 13:10-17

And behold, there was a woman who for eighteen years had had a sickness caused by a spirit; and she was bent over and utterly unable to look upwards. When Jesus saw her, he called her to him and said to her, "Woman, thou art delivered from thy infirmity." And he laid his hands upon her, and instantly she was made straight, and glorified God. But the ruler of the synagogue, indignant that Jesus had cured on the Sabbath, addressed the crowd, saying, "There are six days in which one ought to work; on these therefore come

and be cured, and not on the Sabbath." But the Lord answered him and said, "Hypocrites! Doesn't each one of you on the Sabbath untie his ox or ass from the manger, and lead it forth to water? And this woman, daughter of Abraham as she is, whom Satan has bound, lo, for eighteen years, ought not she to be loosed from this bond on the Sabbath?" And as he said these things, all his adversaries were put to shame; and the entire crowd rejoiced at all the glorious things that were done by him.

Stewardship

Last Sunday: candles=\$22.00; ordinary collections=\$941.00. Thanks for your generosity!

Owed to eparchy (assessment, retirement and medical insurance; last updated October 16, 2022): \$37,586.

Want to automate donations? One-time or monthly payments via **PayPal**: byzantinemilwaukee.com/donate. Use your bank's **online billpay** (payee information): St. George's Syrian Congregation · 1617 W State St · Milwaukee, WI 53233-1246; phone: (414) 342-1543; email: info@byzantinemilwaukee.com.

Bishop's Appeal

The annual Bishop's Appeal is an important way by which our parish fulfills its duty to our Melkite family throughout the U.S. and to our needy brothers and sisters. By contributing to the Appeal, we can respond to the Lord's call in today's Gospel to be a good Samaritan to our Melkite neighbors around the country. It is a holy obligation for every member of our parish respond to his call. If you have not done so already, please send your gift today. Extra appeal slips are available on the back table. If you donate online, be sure to note "St. George, Milwaukee" so that the parish is credited. melkite.org.

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Prayer List

Please remember—All those who are sick and in need: Alice Herro*, Nick Langenfeld, Barb Moden (sister of Jan Taylor), Eva Nora (niece of the Noras), Bob Peterson, Joe Radanovich, the Rebholz family, Eva Saseen (Theresa and Janelle Herro's niece), Jan Taylor, Kathy Tomaz, John Zambo and Kathy Zambo. For those we have been asked to pray for: Justin & Krysten Hager (Jan Taylor) and Carl Wallenmeyer (Jan Taylor).

* Please particularly remember Alice Herro who has been having health issues recently.

Schedule for This Week

Monday: *Father Sabas the Sanctified*
Tuesday: *Father Nicholas the Wonderworker*
Friday: *Maternity of Ann*
Saturday: *Start of the Nativity Fast (Melkite Usage)*
Sunday: *Sunday of the Ancestors*
10:30am Divine Liturgy
After Liturgy: St. Nicholas Potluck

Practical Suggestions for Fasting

Fasting, like prayer, is something we can grow into. If you are not accustomed to fasting, it can be helpful to begin at one level and deepen your practice as you grow in your life in Christ. The following plan might be helpful.

Beginning level: On Wednesdays and Fridays do not eat any meat and offer a brief prayer several times throughout the day. During the fasting seasons of Great Lent and the Dormition Fast, attend at least one Lenten Service each week. Before the Presanctified Liturgy during Great Lent, do not eat anything for several hours.

A deeper level: In addition to the above, on fast days, do not eat anything before noon and no meat thereafter. Keep additional fast days during the fasting seasons. During Great Lent, in addition to avoiding meat on Wednesdays and Fridays, also avoid dairy products. Attend two Lenten Services weekly and perform some act of charity each day.

A further level: In addition to the above, keep each day in the fasting seasons as a fast day. Attend all the Divine Services during the fasting seasons. Replace entertainments such as TV, movies, shopping, etc. with prayer, spiritual reading and acts of charity.

COVID-19

According to the Milwaukee Health Department, the best way to stop the community spread of COVID-19 is to take preventative action to protect yourself and others:

- Get a COVID-19 vaccine as soon as you can (city.milwaukee.gov/CovidVax). Vaccines are safe and readily available at walk-in clinics throughout the community for anyone over the age of six months old.

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- Wear a mask that covers your nose and mouth to help protect yourself and others, and stay at least 6 feet apart from others who don't live with you.
- Avoid crowds and poorly ventilated indoor spaces, and improve ventilation whenever possible.
- Wash your hands often with soap and water. Use hand sanitizer if soap and water aren't available.

More information is available from the health department: city.milwaukee.gov/coronavirus

Our Faith and Christ's Action

The liturgical service takes place on earth, but it belongs to the realm of heavenly realities. In fact, it was not instituted by a human being or an angel, but by the Spirit himself, so that those who are still living in the flesh should think of performing the service of angels.

O what mercy, O what love of God for human beings! Christ who is seated with the Father in highest heaven is at that moment grasped by the hands of all and does not hesitate to give Himself to anyone who wants to embrace Him and be bound to Him.

He whom the eyes of faith perceive is possessed by everyone.

You remember how Elijah was surrounded by a great crowd and had in front of him the victim for sacrifice placed on the stone (see 1 Kings 18). Everyone stood stock still. The silence was complete. Only the prophet raised a prayer. Suddenly from heaven came down fire on the victim. It was a marvelous spectacle that filled everyone with amazement.

Here, however, something much more than a marvelous spectacle is unfolded. Something is happening that is greater than any marvel. Here the priest draws down not fire but the Holy Spirit Himself.

St. John Chrysostom

Text and cover-icon courtesy of Eastern Christian Bulletin Service

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