

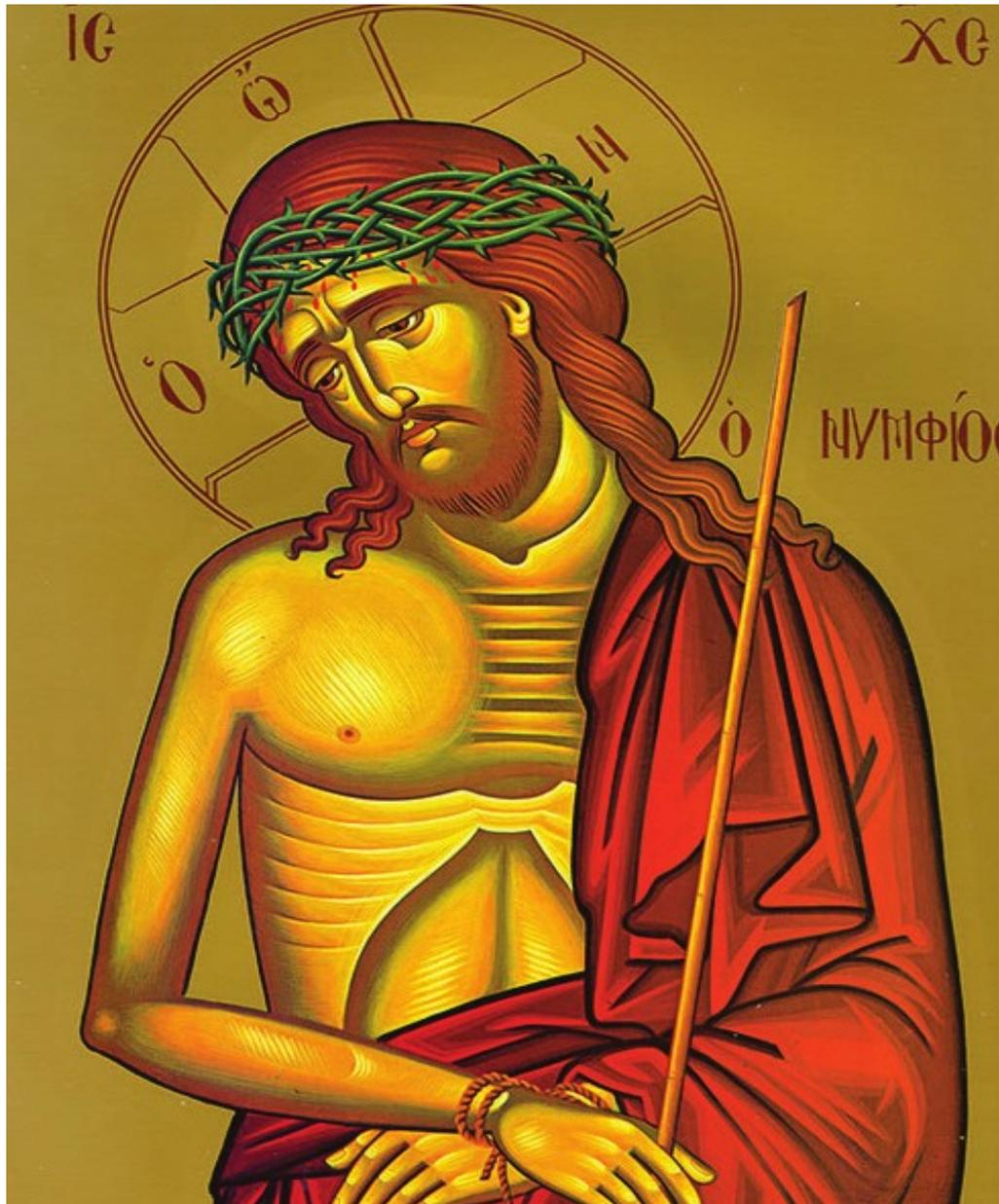


St. George Melkite-Greek Catholic Church
1617 West State Street Milwaukee, Wisconsin 53233-1246
"An Eastern Church in communion with the Church of Rome"

Rectory and Office: 414-342-1543
The Rt. Rev. Paul G. Frechette, Pastor

Website: byzantinemilwaukee.com
Facebook: fb.me/ByzantineMilwaukee

February 27, 2022 — Sunday of Cheesefare



Icon of Christ the Bridegroom

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Divine Liturgy

Livestreams and recordings of services on the parish's Facebook page: facebook.com/pg/ByzantineMilwaukee/videos/. An account is not needed.

Intention: Happy and eternal repose of the soul of Sr. M. FABIA Pawlak (req. by Fr. Philaret)

Hymns

Troparion of the Resurrection (Tone 7): Through your Cross You destroyed death, You opened Paradise to the thief, and turned into joy the mourning of the ointment bearing women, and You ordered your Apostles to proclaim that You rose, O Christ God, Bestowing great mercy upon the world.

Troparion of St. George: St. George: O Great among the saints and glorious martyr, George, since you are a deliverer of captives, a doctor for the sick and a noble

Prokimenon: Sing praise to our God, sing praise! Sing praise to our King, sing praise!

Stichon: All you peoples, clap your hands! Shout to God with cries of gladness.

Apostolic Reading: Romans 13:11-14:4

Brethren, now our salvation is nearer than when we came to believe. The night is far advanced: the day is at hand. Let us therefore lay aside the works of darkness, and put on the armor of light. Let us walk becomingly as in daytime, not in revelry and drunkenness, not in debauchery and wantonness, not in strife and jealousy. But put on the Lord Jesus Christ, and as for the flesh, pay no attention to its lusts.

attendant to kings, intercede for us to Christ God, that he may save our souls!

Kontakion of Cheesefare: O You who guide men toward wisdom, and give them intelligence and understanding, instructor of the ignorant and helper of the poor, strengthen and enlighten my heart, O Lord, give me word, O Word of the Father, for behold I will not refrain my lips from crying out to You: O merciful One, have mercy on me who have fallen.

But whoever is weak in faith, receive him without arguing about opinion. For one believes he may eat all things but another who is weak, let him eat vegetables. Let not the one who eats despise the one who does not; and let not the one who does not eat judge the one who does, for God has received him. Who are you to judge another's servant? To his own master he stands or falls but he will stand, for God is able to make him stand.

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Alleluia: In you, O lord, I have hoped: let me never be put to shame. In your Justice, save me and deliver me.

Stichon: Be for me a protecting God, a sheltering house to save me.

Gospel: “If you forgive men their trespasses...” Mt 6:14-21

The Lord said, “If you forgive men their offenses, your heavenly Father will also forgive you. But if you do not forgive men their offenses, neither will your father forgive you your offenses. And when you fast, do not look gloomy like the hypocrites, who disfigure their faces in order to appear to men as fasting. Amen I say to you they have had their reward. But you, when you fast, anoint your head and wash your face, so that you may not be seen by

men to fast, but by your father, who is in secret; and your Father, who sees in secret, will reward you. Do not lay up for yourselves treasures on earth, where worm and rodent consume, and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither worm nor rodent consumes, nor thieves break in and steal. For where your treasure is, there also will be your heart.”

Stewardship

Last Sunday: candles=\$3.00; ordinary collections=\$717.00. Thanks for your generosity!

Owed to eparchy (assessment, retirement and medical insurance; last updated February 12, 2022): \$36025

Donation letters for tax purposes were mailed last week. Please contact Benjamin Neumann with any questions: benjamin@byzantinemilwaukee.com.

Want to automate donations? One-time or monthly payments via **PayPal**: [byzantinemilwaukee.com/donate](https://www.paypal.com/donate/?url=https://www.byzantinemilwaukee.com/donate). Use your bank’s **online billpay** (payee information): St. George’s Syrian Congregation · 1617 W State St · Milwaukee, WI 53233-1246; phone: (414) 342-1543; email: info@byzantinemilwaukee.com.

Prayer List

Please remember—All those who are sick and in need: Alice Herro*, Nick Langenfeld, Barb Moden (sister of Jan Taylor), Eva Nora (niece of the Noras), Bob Peterson, Joe Radanovich, the Rebholz family, Eva Saseen (Theresa and Janelle Herro’s niece), Jan Taylor, Kathy Tomaz, John Zambo and Kathy Zambo. For those we have been asked to pray for: Justin & Krysten Hager (Jan Taylor). For those who have died: Margaret Littlefield (mother of Fr. Philaret).

* Please particularly remember Alice Herro who has been having health issues recently.

Schedule for This Week

Monday: *Start of Great Lent*

Wednesday: *Day of Prayer and Fasting in Solidarity with Ukraine*
6pm Great Compline

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Friday: 6pm Akathist Service
Saturday: *Saturday of the Great among the Martyrs Theodore*
Sunday: *First Sunday of Lent*
10:30am Divine Liturgy
After Liturgy, Forty-day Memorial for Margaret Littlefield
Mercy Meal

Coming Up

March 25th: Annunciation of the Mother of God
April 10th: Palm Sunday
April 17th: Holy Resurrection

Practical Suggestions for Fasting

Fasting, like prayer, is something we can grow into. If you are not accustomed to fasting, it can be helpful to begin at one level and deepen your practice as you grow in your life in Christ. The following plan might be helpful.

Beginning level: On Wednesdays and Fridays do not eat any meat and offer a brief prayer several times throughout the day. During the fasting seasons of Great Lent and the Dormition Fast, attend at least one Lenten Service each week. Before the Presanctified Liturgy during Great Lent, do not eat anything for several hours.

A deeper level: In addition to the above, on fast days, do not eat anything before noon and no meat thereafter. Keep additional fast days during the fasting seasons. During Great Lent, in addition to avoiding meat on Wednesdays and Fridays, also avoid dairy products. Attend two Lenten Services weekly and perform some act of charity each day.

A further level: In addition to the above, keep each day in the fasting seasons as a fast day. Attend all the Divine Services during the fasting seasons. Replace entertainments such as TV, movies, shopping, etc. with prayer, spiritual reading and acts of charity.

Winter Weather

Please take care with winter weather. Even if services are not canceled, only come if it is safe for you to travel.

COVID-19

According to the Milwaukee Health Department, the best way to stop the community spread of COVID-19 is to take preventative action to protect yourself and others:

- Get a COVID-19 vaccine as soon as you can (city.milwaukee.gov/CovidVax). Vaccines are safe and readily available at walk-in clinics throughout the community for anyone over the age of 12 years old.
- Wear a mask that covers your nose and mouth to help protect yourself and others, and stay at least 6 feet apart from others who don't live with you.

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- Avoid crowds and poorly ventilated indoor spaces, and improve ventilation whenever possible.
- Wash your hands often with soap and water. Use hand sanitizer if soap and water aren't available.

More information is available from the health department: city.milwaukee.gov/coronavirus

**“As long as they have the bridegroom with them they cannot fast.”
(Mark 2:19)**

This evening, Forgiveness Vespers begins the Great Fast. Texts from the propers of Vespers include the following:

Entering into the arena of the Holy Fast, let us make every effort to humble our flesh by abstinence; in prayer and with tears let us seek the Lord our Savior, and, that we might turn away from our evil deeds, let us say to Him: we have sinned against You, O Christ our King, save us as You saved the Ninevites of old, and in Your goodness, grant us a share in the kingdom of heaven.

When I see my deeds that deserve such punishment, am without hope, O Lord; for I have disobeyed Your holy command-

ments, and I have led a foolish life. Therefore, I beseech You: purify me in the waters of repentance by fasting and prayer, O Savior, full of goodness; do not reject me, O Benefactor of the Universe.

Let us begin the time of this bright fast, giving ourselves over to spiritual struggle. Let us sanctify our soul and purify our flesh. Let us not fast only from food; let us also abstain from every passion and cultivate spiritual virtues. And let us faithfully preserve in this, so that we may be worthy to see the holy passion of Christ our God and the joy of His holy Resurrection.

*Text from the Lenten Triodion,
Sisters of Saint Basil, Uniontown, PA.*

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